

**DANCE CENTER OF KIRKWOOD  
EVENTS REMINDER:**

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**Fall Dance Season:**

**September 1, 2018 through June 15, 2019**  
*Classes Begin Saturday, September 1, 2018*

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**Halloween Week: October 24 through 30, 2018**  
*Studio Closed on Halloween (Oct. 31, 2018)*

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**Thanksgiving: Studio Closed**  
**November 22, 2018**  
*(Classes Resume Friday, November, 23)*

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**Holiday Class Performances:**     *Families*  
**December 8 through 14, 2018**     *Welcome!*

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**The Nutcracker Ballet:**  
**December 15 & 16, 2018**  
*Performances at 1 pm & 6 pm*  
*(Robert Reim Theater)*



**Holiday Break: Studio Closed**  
**December 15, 2018 through January 1, 2019**  
*(Classes Resume Wednesday, January 2, 2019)*

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**Memorial Day: Studio Closed May 27, 2019**  
*(Classes Resume Tuesday, May 28, 2019)*

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**Spring Performance Dress Rehearsals:**  
**June 11, 12, 13 & 14, 2019**  
*(Chaminade High School Theater)*



**2019 Spring Performance**  
**June 12, 13, 14 & 15, 2019**  
*(Chaminade High School Theater)*

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**2019 Summer Camps and Intensives:**  
**June 17 through 28, 2019**

- **Frozen:** 3 – 5 yr. olds
- **Nutcracker Camp:** Kindergarten – Grade 2
- **Ballet Intensive:** Dance 3 through Ballet 3

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**2019 Summer Dance Season:**  
**Jul. 5 through Aug. 15, 2019**  
*We Prorate For Summer Vacations!*

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*Your Dance Center 2018–2019 Fall Schedule is Here – Register Now!*

[www.dancecenterkirkwood.com](http://www.dancecenterkirkwood.com)

10308 Manchester Road • Kirkwood, MO 63122-1521



*“Where Technique Counts”*



- **Ballet**
- **Tap**
- **Jazz**
- **Pointe**
- **Modern**

*Pre-School Through Adult*

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**FALL SESSION:**  
*Sept. 1, 2018 – Jun. 15, 2019*  
**• 314-821-6663 •**

**How To Register:**

- Use chart below to determine tuition amount
- Log on to [www.dancecenterkirkwood.com](http://www.dancecenterkirkwood.com) then click on registration

*Classes Fill Quickly!*

*Register Early To Secure Desired Classes*

**Tuition:** \* (Registration Fee: \$20 per family)

- Tuition is based on hours taken per week by all family members per month
- Payment of 1<sup>st</sup> month's tuition and registration fee **must** be paid at time of registration
- Tuition must be received on or before the 1<sup>st</sup> class of each month. \*Class participation will be denied if payment is not received

**Classes Per Week: Tuition Per Month:**

1 Hour .....	\$ 58.00
1 1/2 Hours .....	\$ 88.00
2 Hours .....	\$107.00
2 1/2 Hours .....	\$132.00
3 Hours .....	\$145.00
3 1/2 Hours .....	\$156.00
4 Hours .....	\$167.00
4 1/2 Hours .....	\$177.00
5 Hours .....	\$187.00
5 1/2 Hours .....	\$199.00
6 Hours .....	\$210.00
6 1/2 Hours .....	\$218.00
7 Hours .....	\$227.00
7 1/2 Hours .....	\$235.00
8 Hours .....	\$256.00

*Dance Center Of Kirkwood Gift Certificates Are Available!*

**Short Term Assistance & Private Classes Available** – Call 314-821-6663 for more information

**Celebrate Your Child's Next Birthday At A Dance Center Hip Hop Dance Party!** *Birthday Parties Available!*  
(Class will be taught at a level that all children will enjoy)

**Call 314-821-6663 For Detail!**

*Thank You For Choosing Dance Center!*  
[www.dancecenterkirkwood.com](http://www.dancecenterkirkwood.com)

**FALL SCHEDULE:**

**SEPTEMBER 1, 2018 – JUNE 15, 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Ballet 1</b> Studio 1 4:30 – 6:00 pm	<b>Jazz 1</b> Studio 1 4:30 – 5:45 pm	<b>Adult Ballet</b> Studio 1 9:30 – 11:00 am	<b>Predance 1</b> Studio 1 9:30 – 10:30 am	<b>Predance 1</b> Studio 1 9:30 – 10:30 am	<b>Modern 1</b> Studio 1 9:15 – 10:45 am
<b>Dance 6</b> ▪ Ballet/Pointe ▪ Studio 3 4:30 – 6:30 pm	<b>Dance 1</b> Studio 2 4:30 – 5:30 pm	<b>Ballet 1</b> Studio 1 4:30 – 6:00 pm	<b>Predance 2</b> Studio 1 10:30 – 11:30 am	<b>Predance 2</b> Studio 1 1:00 – 2:00 pm	<b>Predance 1</b> Studio 2 9:30 – 10:30 am
<b>Ballet 2</b> Studio 1 6:00 – 7:30 pm	<b>Beginning Dance 1</b> Studio 3 4:30 – 5:30 pm	<b>Dance 1</b> Studio 2 4:30 – 5:30 pm	<b>Adult Tap</b> Studio 1 2:30 – 3:30 pm	<b>Ballet &amp; Pointe Technique</b> Studio 1 4:30 – 6:30 pm	<b>Predance 1</b> Studio 3 10:15 – 11:15 am
<b>Dance 5</b> ▪ Ballet ▪ Studio 3 6:30 – 8:00 pm	<b>Dance 2</b> Studio 2 5:30 – 6:30 pm	<b>Dance 5</b> ▪ Ballet ▪ Studio 3 4:30 – 6:00 pm	<b>Jr. Tap</b> Studio 1 4:30 – 5:30 pm	<b>Dance 5</b> ▪ Jazz/Tap ▪ Studio 3 4:30 – 6:00 pm	<b>Predance 2</b> Studio 2 10:30 – 11:30 am
<b>Ballet 3</b> Studio 1 7:30 – 9:00 pm	<b>Dance 3</b> Studio 3 5:30 – 6:30 pm	<b>Dance 3</b> Studio 2 5:30 – 6:30 pm	<b>Dance 2</b> Studio 2 4:30 – 5:30 pm	<b>Beginning Dance 1</b> Studio 3 4:30 – 5:30 pm	<b>Modern 2</b> Studio 1 10:45 am – 12:15 pm
	<b>Dance 4</b> Studio 2 6:30 – 8:00 pm	<b>Ballet 2</b> Studio 1 6:00 – 7:30 pm	<b>Jr. Ballet</b> Studio 2 5:30 – 6:30 pm	<b>Pointe</b> Studio 1 5:30 – 6:45 pm	<b>Predance 2</b> Studio 3 11:15 am – 12:15 pm
	<b>Tap 1</b> Studio 1 5:45 – 6:45 pm	<b>Dance 6</b> ▪ Ballet/Pointe ▪ Studio 3 6:00 – 8:00 pm	<b>Pointe</b> Studio 1 5:30 – 6:45 pm	<b>Dance 6 ▪ Tap/Jazz</b> Studio 3 5:30 – 7:00 pm	<b>Dance 1</b> Studio 2 11:30 am – 12:30 pm
	<b>Jazz 3</b> Studio 1 6:45 – 8:00 pm	<b>Dance 4</b> Studio 2 6:30 – 8:00 pm	<b>Dance 6 ▪ Tap/Jazz</b> Studio 3 5:30 – 7:00 pm	<b>Jazz 2</b> Studio 1 7:00 – 8:15 pm	<b>Modern 3</b> Studio 1 12:15 – 1:45 pm
	<b>Dance 6 ▪ Jazz/Tap</b> Studio 3 6:45 – 8:15 pm	<b>Ballet 2</b> Studio 1 6:00 – 7:30 pm	<b>Dance 6 ▪ Modern</b> Studio 3 7:00 – 8:30 pm	<b>Dance 6 ▪ Tap/Jazz</b> Studio 3 5:30 – 7:00 pm	<b>Beginning Dance 1</b> Studio 3 12:15 – 1:15 pm
	<b>Tap 3</b> Studio 1 8:00 – 9:00 pm	<b>Ballet 3</b> Studio 1 7:30 – 9:00 pm	<b>Jazz 2</b> Studio 1 7:00 – 8:15 pm	<b>Dance 6 ▪ Modern</b> Studio 3 7:00 – 8:30 pm	<b>Dance 2</b> Studio 2 12:30 – 1:30 pm
			<b>Dance 6 ▪ Modern</b> Studio 3 7:00 – 8:30 pm	<b>Tap 2</b> Studio 1 8:15-9:15	<b>Dance 5</b> ▪ Jazz/Tap ▪ Studio 2 1:30 – 3:00 pm
					<b>Adult Ballet</b> Studio 1 3:45 – 5:00 pm

**DANCE CENTER**  
of Kirkwood  
*"Where Technique Counts"*  
10308 Manchester Rd.  
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63122-1521  
**314-821-6663**



## CLASS DESCRIPTIONS

### REGISTRATION:

Please register early so that we know which classes to provide. **To register**

**log on to [www.dancecenterkirkwood.com](http://www.dancecenterkirkwood.com)**

then **click on registration** to secure your place in class. Placement is on a first-come, first-served basis. You will receive confirmation upon receipt of tuition & registration. Tuition will be prorated for students starting late.

*Any class with less than five students enrolled is subject to cancellation.*

**PLACEMENT:** Class recommendations have been made on the schedule. The teachers will adjust placements after classes start.

**SAFETY:** *Students are to wait in the studio before and after classes.*

**ATTIRE:** Preferably black leotard, pink tights, pink ballet shoes, black tap shoes. *(All pointe shoes must be approved by your teacher before being worn.) A cover-up must be worn when not on Dance Center premises.*

**MAKE-UPS:** Students are entitled and encouraged to make up missed classes. Make-ups may be made in advance.

**INCLEMENT WEATHER:** Please call to check on class cancellations.

**OBSERVATION DAYS:** Scheduled for the first class of the month – *except September and December*. Parents are encouraged to attend observation days in order to determine their child's progress. Special observations may be arranged.

**COMMERCIAL PHOTOGRAPHY:** Commercial photography is prohibited during all rehearsals & performances.

**QUESTIONS?** Please do not hesitate to contact a teacher or staff member about your child's progress, questions about tuition, or any concern you may have about the Dance Center Of Kirkwood.

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### Predance 1 & 2 : (ages 3 – 6 yrs.)

This class is a wonderful introduction to the basics of classical ballet and tap technique. Through creative movement the student will use the power of their imagination to move and develop their motor skills.

### Beginning Dance 1 : (a progression of Predance 2)

Its a class for the young dancer not yet in first grade. Students will advance and build on the basics.

### Dance 1, 2 & 3 : (grades 1-4)

In these classes the student will develop a strong foundation of classical ballet & tap technique. Ballet warm-up begins at the barre and progresses to the center to learn age-appropriate ballet steps, including turns and jumps. Tap begins with a warm-up followed by a series of tap steps which progress to tap combinations, with an emphasis on clean tap sounds & the development of rhythm.

### Dance 4 : Prerequisite: Dance 3 or permission of instructor.

Attendance twice a week is recommended.

This class consists of ballet, tap and jazz. The focus for all three disciplines is clean technique while developing a love of the art forms.

### Dance 5 : Prerequisite: Dance 4 or permission of instructor.

Attendance twice a week is required (one ballet & one tap/jazz class).

### Dance 6 : Prerequisite: Dance 5 or permission of instructor.

Two ballet classes and one tap/jazz class per week is recommended.

Dance 6 is designed to facilitate the transition into the more advanced levels of ballet, tap, and jazz.

### Jr. Ballet 3 & 4 : Prerequisite: Enrollment in Dance 3 or 4.

Ballet and tap class for dancers in Dance 3 and Dance 4.

### Ballet 1 : Prerequisite: Dance 6 or permission of instructor

This class emphasizes placement, extension, and clean, graceful ballet technique. Students will develop a greater ballet vocabulary while building flexibility, strength, fluidity, and balance.

### Ballet 2 : Prerequisite: Ballet 1 or permission of instructor.

This class is a progression of Ballet 1 and includes pointe work.

### Ballet 3 : Prerequisite: Ballet 2 or permission of instructor

**Pointe : Prerequisite:** Ballet 1, 2, or 3, or permission of instructor. Participation in 2 ballet classes per week is also required.

### Ballet & Pointe Technique :

A ballet & pointe technique class for dancers in Dance 6 through Ballet 3.

### Adult Ballet :

This class provides the student with classical ballet training in a comfortable atmosphere. Ballet will increase muscle strength, flexibility & improve balance.

### Jazz 1 : Prerequisite: Dance 6 or permission of instructor.

This class is designed to teach basic jazz steps and clean jazz technique. The class starts with a jazz warm-up and progresses to the center for turns, leaps, and challenging jazz combinations.

### Jazz 2 : Prerequisite: Jazz 1 or permission of instructor.

This class is a progression of Jazz 1.

### Jazz 3 : Prerequisite: Jazz 2 or permission of instructor.

### Tap 1 : Prerequisite: Dance 6 or permission of instructor.

In this class, we build on our technical tap foundation and introduce more difficult and challenging steps and combinations. The emphasis will be on clean tap sounds and the development of rhythm.

### Tap 2 : Prerequisite: Tap 1 or permission of instructor.

### Tap 3 : Prerequisite: Tap 2 or permission of instructor.

### Adult Tap :

Tappers will enjoy learning new tap skills and combinations in a challenging and nurturing environment.

### Modern 1 : Prerequisite: Dance 5 or permission of instructor

This class explores a basic knowledge of various modern techniques. Modern dance is grounded and involves being off center with a ballet base. It is done barefoot and includes individual expression within the movement.

### Modern 2 : Prerequisite: Ballet 1 or permission of instructor .

A more advanced level of modern dance which requires more performance and control of the body's center. We explore weight sharing techniques and partner work while continuing major modern dance styles.

### Modern 3 : A progression of Modern 2.

## DANCE CENTER OF KIRKWOOD INSTRUCTORS:



**Kathleen Massot**, owner of the *Dance Center of Kirkwood* and founder/artistic director of *Dance Concert Society of Kirkwood*, a non-profit dance company, has an extensive background in performance and teaching. As a young girl, she performed in the children's chorus of the *St. Louis Municipal Opera* and then spent 9 years with the *St. Louis*

*Civic Ballet*. She performed at the *International Festival of Youth Orchestration* in Aberdeen, Scotland, and at the *Saddlers Wells Theatre* in London, England. Kathy attended the *National Academy of Arts* and danced professionally with *The National Ballet of Illinois*. After moving to New York City, she danced with the *Leon Felder Dance Company*. She danced with the *Laura Dean Dancers and Musicians*, and soon became their co-rehearsal director. While in *Laura Dean's Company*, Kathy taught at the University of Iowa and at the University of California. In 1987 Kathy performed in the AIDS benefit at the *Lincoln Center* with Master of Ceremonies, Mikhail Baryshnikov. She has performed at the *American Dance Festival* at Duke University in North Carolina and throughout the United States in many theaters, including *City Center*, *The Joyce Theatre*, and *The Lincoln Center*. She also performed throughout Europe with a total of three extensive tours.

Kathy teaches ballet, pointe, tap, and jazz at *Dance Center of Kirkwood*, and her dancers have won many awards in local competitions. She has also won *Best Choreographer Awards*. Her students were chosen to perform in *Dance St. Louis Spring Festival* at the *Edison Theatre* for three years. Kathy has taken choreographic composition classes at Webster University and was also a docent for the Educational Impact program for *Dance St. Louis*.



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*Dance Center Of Kirkwood  
Celebrating Over 35 Years!*

**Wendy Ballard** holds a BFA in Dance from Webster University, an MA in American Culture Studies (*with a focus on American dance and performance*) from Washington University, and is a licensed massage therapist. Her future plans include pursuing her PhD with a focus on the history of American percussive dance and the role it continues to play in social and political speech and protest, as well as starting a tap company this year. Wendy has performed and taught dance for over two decades around the greater St. Louis area and Austin, Texas and currently teaches tap courses at Washington University and the YMCA. She approaches classes with a mixture of strict technical focus and encouragement of individual expression. Wendy enjoys a good joke and has a dog named Ruby.

**Meredith Metzger** began dancing at the age of four and soon joined the *Dance Center*. She participated in the *NSAL* ballet competition and performed with *Les Grands Ballets Canadiens*. Meredith received her B.F.A. in Ballet Performance and her B.A. in Journalism/Public Relations from the University of Oklahoma. She performed with the *Oklahoma Festival Ballet* in *The Nutcracker*, *Swan Lake*, *Carmina Burana*, *Young Choreographers Showcase*, *The Nutcracker* with the *Kansas City Ballet* in the Snow and Flower Corps., and has worked for the *Kansas City Ballet* doing public relations & marketing. She was a principal dancer with the *Dance Center of Kirkwood* in *The Nutcracker* and has taught ballet, tap, and jazz for the *Dixie Bell Dance Center* in Shawnee, Kansas as well as taught ballet at the *Kansas City Ballet School*.

**Erin Warner Prange** was born and raised in Webster Groves, MO where she trained at the *Dance Center of Kirkwood*. She earned her BFA in dance and Spanish from Colorado State University and her Masters of Fine Arts in Arts Management from Webster University. In 2006, Erin taught dance for the Boston public school district through the Topf Center for Dance Education, and danced with *Fusionworks II* in Provi-dence, RI. After moving back to St. Louis, she worked for *aTrek Dance Collective's* Education Program, and worked as head coach of the dance team and color guard at Webster Groves High School. Erin was a company member of the *Slaughter Project*, under artistic direction of Cecil Slaughter for 4 years before being hired by *The Big Muddy Dance Company* in 2011. Now in her 5th season as a company member, she serves as the executive director of *The Big Muddy* and spends her time raising funds and awareness for the company when she is not dancing.

**Chiao Shih** a *Dance Center of Kirkwood* alumna, has been a member of our teaching staff since 2005. A member of *DCOK's* ballet ensemble for over fifteen years, she has participated in numerous local and national dance competitions. She has taken master classes taught by notable Webster and Washington University professors, including ballet masters from the *Alonzo King's Line Ballet* and the *Houston Ballet*. Chiao was a company member with the not-for-profit dance company, *The Dance Concert Society of*

(Chiao Shih continued)

*Kirkwood*, under the artistic direction of Kathleen Massot. She has also performed with the *Slaughter Project*, a St. Louis-based modern dance company founded by Cecil Slaughter; studied and performed with *Pilobolus Too* and was one of the few chosen to perform in their *Cirque du Ballet Gala*. Her most notable role includes the Sugar Plum Fairy in the *Dance Center of Kirkwood's* annual production of *The Nutcracker*. She also teaches ballet, tap & tumbling at the Faith Academy of Montessori in Webster Groves and holds a B.A. degree in International Business with an emphasis in Management from the University of Missouri-St. Louis.

**Kimberly Stevens** of Bradenton, Florida received her early training at *Diane Partington Studio of Classical Ballet*. She then trained year round in the preprofessional program with Miami City Ballet School. Kimberly performed in George Balanchine's *Swan Lake* as well as George Balanchine's *Serenade*. Kimberly spent three summers training with Pacific Northwest Ballet School. In her professional career she danced with Sarasota Ballet in their trainee program. She was also a Richmond Ballet II member performing Lead Flower in *Nutcracker*, Fiancé and Swans in *Swan Lake*, Malcolm Burn's *Classical Symphony* and Georgia Girl in Val Caniparoli's *Djangology*. Before dancing with *Missouri Ballet Theatre* Kimberly danced with *Ballet San Antonio*. While with *Missouri Ballet Theatre*, she has performed *Brides in Dracula*, *Sea Snakes in Little Mermaid*, and Spanish and Chinese in *Nutcracker*. Kimberly teaches ballet, pre pointe, pointe, & conditioning.

**Jane Tichy** is an alumni of the *Dance Center of Kirkwood* and danced three years with the *Dance Concert Society of Kirkwood*. Jane danced with the *Dance Center of Kirkwood* in the annual *Nutcracker* performance for five years and was the Snow Queen in her last performance. After graduating high school, Jane tried out and was accepted to Webster University's Dance Program and is currently pursuing her BFA in Dance, Ballet. Jane has taken advantage of many master classes under Michael Simms, Alicia Graf Mack, and Michael Uthoff among others. Jane was one of the students accepted into the first ever Student Elevate Project with the *Big Muddy Dance Company*. She expects to graduate in Spring 2020 and dreams of not only dancing professionally, but choreographing and teaching dance.

**Carly Vanderheyden** is a recent graduate from the University of Iowa, where she earned a B.F.A. in Dance, a B.A. in Health and Human Physiology - Health Promotion, and certificate in Arts Entrepreneurship. Carly is a certified teacher with the ABT National Training Curriculum for pre-primary ballet through level three. She is currently an apprentice with the *Big Muddy Dance Company* and is also a 200-hour Yoga certified teacher. When she is not dancing herself, Carly is continually growing her freelance photography business.